

KITTY'S VISTA™

IS MADE FOR COMMUNITY CONNECTION



Nestled amongst the trees, overlooking the breathtaking views of the Firth of Forth, is the Scottish town of Ludin Links.

It's here retired PE teacher, Kitty Walker, beams as she shows us around two of her favourite places - Homelands Trust (Fife's accessible luxury lodges) and its community hub and cafe, the Paxton Centre.

Welcome to Homelands

"I have stayed in the lodges over 25 times. I think I'm one of their best customers!", Kitty laughs.

Homelands host nine

purpose-built lodges designed to allow disabled people and their carers to have a short break. Each lodge boasts a range of support equipment including ceiling tracking hoists and electric profiling beds.

Diagnosed with secondary

progressive multiple sclerosis (MS) almost 40 years ago, Kitty's mobility declined, leading her to live with her best friend and carer, Jan.

"We live fairly near Homelands, it's become a home from home for me, but it suits me because



Find out more about the wheelchair accessible lodges:

homelands-fife.co.uk



I don't travel well", Kitty explains.

Access to the Community

"I go to the Centre three or four times a week", she smiles.

Offering a range of arts and crafts, wellness classes and a cafe on Mondays and Tuesdays, the Paxton Centre is an accessible place for Kitty to connect with others, try new things and enjoy a good chat.

"The variety of activities on offer is great. There's always something new to try, but

most of all, I go for the company. I just love it!"

Life Before Vista

Prior to her WAV, Kitty would wheel down to Homelands and the Centre in her powerchair, but as her mobility reduced, getting there proved a challenge and travelling in a standard car wasn't much easier, which made Kitty feel a bit stuck.

"I began to find it difficult to self-transfer into the car and Jan wasn't getting any younger, so she also struggled to help me. My world was beginning to

MADE
FOR MORE



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shrink because going out was a lot of work for us both," Kitty recalls.

Opening the World Up

Beyond transporting Kitty to her favourite places, her WAV has allowed her to maintain her social life and sense of self:

"I love my WAV! It's a game changer, especially as you and your carer get older. It means you can go out more and enjoy outings knowing that it's not such hard work, the ramp just comes down and I can wheel right in and away we go!"